

## Week 1

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### Main Meal

Chicken Burger in a Bun with Baked Wedges and Seasonal Vegetable

(G) (W) (SE)

Chicken Quesadilla served with Herby Baby Potatoes and Fresh Salad

(G) (W) (MK)

Beef Lasagne served with Garlic Bread and Seasonal Vegetables

(G) (W) (MK) (SO)

Roast Chicken with Potatoes, Vegetables, Yorkshire Pudding

(G) (W) (E) (MK)

Cod Fish Fingers served with Chips, Garden Peas and Baked Beans

(G) (W) (F)

#### Meat Free

Classic Mac 'n' Cheese with Fresh Salad and Pitta Slice

(G) (W) (MK)

Mexican Bean Quesadilla served with Herby Baby Potatoes and Fresh Salad

(G) (W) (MK)

Jacket Potato with Cheese & Beans or Vegetable Tikka

(MK) (MU)

Vegan Shepherds Pie served with Seasonal Vegetables & Gravy

Rainbow Pizza served with Chips, Garden Peas and Baked Beans

(G) (W) (MK) (E) (SO)

#### Packed Lunch

Cheese, Ham or Tuna Roll  
Fresh Salad and Fruit and a choice of our Dessert of the Day

(G) (W) (B) (MK) (SE)(E) (F)

Cheese, Ham or Tuna Wrap  
Fresh Salad and Fruit and a choice of our Dessert of the Day

(G) (W) (B) (MK) (SE)(E) (F)

Cheese, Ham or Tuna Baguette  
Fresh Salad and Fruit and a choice of our Dessert of the Day

(G) (W) (B) (MK) (SE)(E) (F)

Cheese, Ham or Tuna Roll  
Fresh Salad and Fruit and a choice of our Dessert of the Day

(G) (W) (B) (MK) (SE)(E) (F)

Cheese, Ham or Tuna Wrap  
Fresh Salad and Fruit and a choice of our Dessert of the Day

(G) (W) (B) (MK) (SE)(E) (F)

#### Desserts

Choose One of Our Fabulous Desserts  
Vanilla & Chocolate Crunch  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (MK)

Choose One of Our Fabulous Desserts  
Fudge Tart  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (MK)

Choose One of Our Fabulous Desserts  
Carrot Cake  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK)

Choose One of Our Fabulous Desserts  
Pineapple Upside Down Cake  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK)

Choose One of Our Fabulous Desserts  
Flapjack  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (B) (MK)

Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Fruit platter and natural yogurt with toppings



## Week 2

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### Main Meal

BBQ Chicken Wrap  
with Savoury Rice  
and House Slaw

(G) (C) (W) (E) (B) (SO)

Cheeseburger with  
Herby Diced Potatoes

(G) (W) (SE) (MK)

Meatballs in a Rich  
Ragu served with  
Braised Rice

(G) (W)

Roast Turkey served  
with Potatoes,  
Stuffing, Vegetables  
and Gravy

(G) (W)

Battered Fish served  
with Chips, Garden  
Peas and Baked Beans

(G) (W) (F)

#### Meat Free

Jacket Potato with  
Cheese & Beans or  
Vegan Chickpea  
Curry

(MK)

Quorn Sausage Hot  
Dog with Herby  
Diced Potatoes

(G) (W) (B) (SE) (E) (MK)

Vegan Chilli served  
with Braised Rice

BBQ Quorn Wrap  
with Savoury Rice  
and House Slaw

(G) (W) (B) (SO) (E) (C)

Pasta Twists with  
Cheddar Cheese Sauce  
served with Fresh  
Salad

(G) (W) (MK)

#### Packed Lunch

Cheese, Ham or Tuna  
Roll  
Fresh Salad and Fruit  
and a choice of our  
Dessert of the Day

(G) (W) (B) (MK) (SE) (E) (F)

Cheese, Ham or Tuna  
Wrap  
Fresh Salad and Fruit  
and a choice of our  
Dessert of the Day

(G) (W) (B) (MK) (SE) (E) (F)

Cheese, Ham or Tuna  
Baguette  
Fresh Salad and Fruit  
and a choice of our  
Dessert of the Day

(G) (W) (B) (MK) (SE) (E) (F)

Cheese, Ham or Tuna  
Roll  
Fresh Salad and Fruit  
and a choice of our  
Dessert of the Day

(G) (W) (B) (MK) (SE) (E) (F)

Cheese, Ham or Tuna  
Wrap  
Fresh Salad and Fruit  
and a choice of our  
Dessert of the Day

(G) (W) (B) (MK) (SE) (E) (F)

#### Desserts

Choose One of Our  
Fabulous Desserts  
Rice Krispie Cake  
Fruit Yogurt & Coulis  
Fresh Fruit

(G) (W) (E) (MK) (B)

Choose One of Our  
Fabulous Desserts  
Fruit Crunch  
Fruit Yogurt & Coulis  
Fresh Fruit

(G) (W) (E) (MK) (B)

Choose One of Our  
Fabulous Desserts  
Banana & Toffee Cake  
Fruit Yogurt & Coulis  
Fresh Fruit

(G) (W) (E) (MK)

Choose One of Our  
Fabulous Desserts  
Cappuccino Cake  
Fruit Yogurt & Coulis  
Fresh Fruit

(G) (W) (E) (MK)

Choose One of Our  
Fabulous Desserts  
Shortbread Finger  
Fruit Yogurt & Coulis  
Fresh Fruit

(G) (W) (MK)

Available every day:

A selection of fresh  
vegetables and tasty salad

Delicious freshly  
baked bread

Fruit platter and natural  
yogurt with toppings



## Week 3

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### Main Meal

Meat Feast Pizza  
& Seasoned Wedges

Chilli Con Carne  
served with Braised  
Rice & Vegetables

Marinated Glazed  
Chicken with  
Savoury Rice and  
House Slaw

Roast Pork with Roast  
Potatoes & Vegetables

Cod Fish Fingers  
served with Chips,  
Garden Peas and  
Baked Beans

(G) (W) (MK) (E) (SO)

(G) (B) (W) (C) (SO)

(G) (W) (F)

#### Meat Free

Margherita Pizza  
served with Herby  
Diced Potatoes

Tomato Ragu Pasta  
Bake

Jacket Potato with  
Cheese & Beans or  
Five Bean Chili

Quorn Roast with  
Roast Potatoes &  
Vegetables

Vegetable Nuggets  
with Chips, Garden  
Peas and Baked Beans

(G) (W) (SO) (MK) (E)

(G) (W) (MK)

(MK)

(G) (W) (E)

(G) (W)

#### Packed Lunch

Cheese, Ham or Tuna  
Roll  
Fresh Salad and Fruit  
and a choice of our  
Dessert of the Day

Cheese, Ham or Tuna  
Wrap  
Fresh Salad and Fruit  
and a choice of our  
Dessert of the Day

Cheese, Ham or Tuna  
Baguette  
Fresh Salad and Fruit  
and a choice of our  
Dessert of the Day

Cheese, Ham or Tuna  
Roll  
Fresh Salad and Fruit  
and a choice of our  
Dessert of the Day

Cheese, Ham or Tuna  
Wrap  
Fresh Salad and Fruit  
and a choice of our  
Dessert of the Day

(G) (W) (B) (MK) (SE)(E) (F)

(G) (W) (B) (MK) (SE)(E) (F)

(G) (W) (B) (MK) (SE)(E) (F)

(G) (W) (B) (MK) (SE)(E) (F)

(G) (W) (B) (MK) (SE)(E) (F)

#### Desserts

Choose One of Our  
Fabulous Desserts  
Chocolate Brownie  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK)

Choose One of Our  
Fabulous Desserts  
Oat & Fruit Slice  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK) (B)

Choose One of Our  
Fabulous Desserts  
Ice Cream & Sauces  
Fruit Yogurt & Coulis  
Fresh Fruit  
(MK)

Choose One of Our  
Fabulous Desserts  
Forrest Fruit Muffin  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK)

Choose One of Our  
Fabulous Desserts  
Fruit Jelly  
Fruit Yogurt & Coulis  
Fresh Fruit  
(MK)

Available every day:

A selection of fresh  
vegetables and tasty salad

Delicious freshly  
baked bread

Fruit platter and natural  
yogurt with toppings

