

WEEK 1 GLUTEN FREE MENU 2025

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01/09, 22/09, 13/10





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Jacket Potato with Choice of Toppings served with Fresh Salad	Cheese & Ham G/F Ciabatta Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks	Homemade Beef Bolognese with g/f & Mixed Vegetables or Salad	Roast Pork served with Roast Potatoes, Carrots, Broccoli and Gravy	G/F Crispy Chicken Goujons served with Sliced Sauté Potatoes, Peas & Sweetcorn
LUNCHTIME LUNCHBOX	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts G/F Shortbread Shortbread Fruity Jelly Fresh Fruit Pot



WEEK 2 GLUTEN FREE MENU 2025 WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Mediterranean Vegetable G/F Pasta served with Seasonal Vegetables	G/F Pork Sausage in a Crispy G/F Ciabatta served with Crispy Potatoes & Vegetable Sticks	G/F Meat Feast Wholemeal Pizza Wrap served with Baked Potato Wedges, Peas & Sweetcorn	Roast Chicken served with Potatoes, Carrots, Broccoli and Gravy	G/F Bubble Coated Fish Served with Chips, Garden Peas or Baked Beans & Ketchup
LUNCHTIME LUNCHBOX	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts G/F Shortbread Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts G/F Shortbread Fruity Jelly Fresh Fruit Pot



WEEK 3 GLUTEN FREE MENU 2025

WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09, 06/10





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	G/F Chicken Goujons served with Homemade Crispy Cubed Potatoes & Baked Beans or Fresh Salad	Pulled Chicken G/F Wrap served with Savory Wholegrain Vegetable Rice & Salad	Beef Bolognese G/F Pasta served with Mixed Vegetables	G/F Pork Sausage served with Roast Potatoes, Carrots, Broccoli and Gravy	G/F Bubble Coated Fish Served with Chips, Garden Peas or Baked Beans & Ketchup
LUNCHTIME LUNCHBOX	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo G/F Baguette Tortilla Crisps Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts G/F Sprinkle Cookie & Orange Wedge Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts G/F Lemon Drizzle Shortbread Fruity Jelly Fresh Fruit Pot