

## **WEEK 1 MENU**

WEEKS: 03/11, 24/11, 15/12, 19/01, 09/02, 09/03



**MONDAY** 

TUESDAY

WEDNESDAY

**THURSDAY** 

FRIDAY

MAIN MEAL Cheese & Tomato Swirl served with Savoury Vegetable Rice Pork Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces Minty Crispy Topped Shepherds Pie served with Seasonal Vegetables Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Cauliflower and Gravy Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Jacket Potato with Choice of Toppings served with Fresh Salad Quorn Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces Jacket Potato with Choice of Toppings served with Fresh Salad Cheese & Potato Pie served with Yorkshire Pudding, Carrots, Cauliflower and Gravy Fishless Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

LUNCHTIME LUNCHBOX Choice of Cheese, Ham
or Tuna Mayo
Baguette
Cream Crackers
Duo of Salad Sticks

Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks Choice of Cheese, Ham
or Tuna Mayo
Baguette
Cream Crackers
Duo of Salad Sticks

Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks

Choice of Cheese, Ham
or Tuna Mayo
Baguette
Cream Crackers
Duo of Salad Sticks

**DESSERTS** 

Choose One of Our Fabulous Desserts Apple & Winter Berry Crumble Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Jam & Coconut Sponge Fruit Yoghurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Oat & Raisin Cookie Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Caramel Mousse with Bananas Fruit Yoghurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-cream & Fruit Sauce Fruity Jelly Fresh Fruit Pot



## **WEEK 2 MENU**

WEEKS: 10/11, 01/12, 05/01, 26/01, 23/02, 16/03



**MONDAY** 

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

MAIN MEAL Parmigiano Chicken Melt served with Baked Wedges, Peas & Sweetcorn Greek Style Chicken Shawarma in a Pitta Bread served with warm Cous Cous Salad & Crunchy Veg Sticks Fish Fingers served with Creamy Mash Potato & Spaghetti Hoops Roast Gammon served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Beef Burger served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Traditional Macaroni Cheese served with Wholemeal Garlic & Herb bread, Seasonal Vegetables Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad

Baked Lentil Roast served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Vegetable Burger served with Chips, Garden Peas or Baked Beans & Ketchup

LUNCHTIME LUNCHBOX Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks Choice of Cheese, Ham
or Tuna Mayo
Baguette
Cream Crackers
Duo of Salad Sticks

Choice of Cheese, Ham
or Tuna Mayo
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Duo of Salad Sticks

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Cream Crackers
Duo of Salad Sticks

Choice of Cheese, Ham
or Tuna Mayo
Baguette
Cream Crackers
Duo of Salad Sticks

**DESSERTS** 

Choose One of Our Fabulous Desserts Strawberry Mousse with Mixed Berry Compote Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Jam Sponge Fruit Yoghurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Sticky Pineapple Cake Fruity Jelly Fresh Fruit Pot Choose One of Our
Fabulous Desserts
Lemon Tart
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot



## **WEEK 3 MENU**

WEEKS: 17/11, 08/12, 12/01, 02/02, 02/03, 23/03



MONDAY

TUESDAY

WEDNESDAY

**THURSDAY** 

FRIDAY

MAIN MEAL Margherita Wholemeal Pizza served with Baked Baby Potatoes, Peas & Sweetcorn Warm Chicken Baguette served with Selection of Sauces Potatoes Wedges & Crunchy Veg Sticks Beef Bolognese served with Spaghetti, Wholemeal Garlic & Herb bread, Seasonal Vegetables Sausage Pork served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy Chicken Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Jacket Potato with Choice of Toppings served with Fresh Salad Pasta with Homemade Cheese Sauce Served with Fresh Salad and Chunky Bread Plant Based Bolognese served with Spaghetti, Wholemeal Garlic & Herb bread, Seasonal Vegetables Quorn Sausage Roast served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

LUNCHTIME LUNCHBOX Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks Choice of Cheese, Ham
or Tuna Mayo
Baguette
Cream Crackers
Duo of Salad Sticks

Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks

**DESSERTS** 

Choose One of Our Fabulous Desserts Sprinkle Cookie Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Syrup Sponge Fruit Yoghurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Chocolate Mousse with Orange Wedge Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Carrot Cake Fruit Yoghurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Victoria Sponge Fruity Jelly Fresh Fruit Pot